

The STARS' *favourite* FACIALISTS

Want a first-class beauty overhaul? These top international facial therapists all have different approaches, but share an all-natural philosophy and Botox-free stance – not to mention a host of famous clients. Bazaar learns their secrets

Words by Kate Hazell



Deborah Mitchell
UK

Deborah Mitchell's Heaven facials are so popular that she has royals and celebrities, including Victoria Beckham, Kylie and Dannii Minogue (above), clamouring for an appointment. Using her own organic Heaven products and special massage techniques, Mitchell prides herself on producing fast results and flawless skin.

"I was never happy doing treatments unless my clients completely changed underneath my hands," the 43-year-old explains. "I take a completely different approach. The push-and-pull techniques on the muscles relax bones in the face, toning the skin and removing lymphatic

deposits that have been building up for years. My clients not only look different to how they did before, but they also feel like they've had a month's holiday."

The key ingredients are Mitchell's organic, phytotherapeutic products, which contain natural herbs and oils that are all preservative-free. "I chose my ingredients because they release endorphins, which boost collagen and elastin to make you look younger," she explains. "There also have a positive impact on stress levels."

Her philosophy

"When it comes to your therapist, the power of touch can't be underestimated. Each person's face should change after a treatment so they see and feel the benefit."

Unique technique

Mitchell uses massage movements and pressure points to stimulate areas on the face, neck and shoulders, which draw energy from the spine. Results can be seen after just 30 minutes.

What she uses

The miracle product used in Mitchell's Heaven facial, is her Bee Venom Mask – yes, it really does contain bee venom, for immediate lifting, tightening and firming.

Try for yourself

Mitchell's Heaven Facial costs Dhs255 at The Nail Spa in Dubai. Call +971 (0)4 339 9078 for an appointment.



Katrina Valente
UAE

Scottish facialist Katrina Valente may have been based in Dubai for the past 11 years, but the holistic beauty expert is making waves all around the world with her famed facials. "I was born to be in this business," the 43-year-old laughs. "Ever since I was a child, it's all I've ever wanted to do – I used to massage my dad's bald head while he watched TV."

Valente uses reiki and pranic healing techniques alongside her facials, which she believes is the secret to amazing results, and many A-listers, including Madonna, Kim Cattrall and a host of Dubai's VIP socialites, swear by her world-renowned Oxygen treatment. A serum containing active